

Reach for the stars....

Transition Planning

Self Determination



Self-determination is a concept reflecting the belief that all individuals have the right to direct their own lives. Students who have self-determination skills have a stronger chance of being successful in making the transition to adulthood, including employment and independence (Wehmeyer & Schwartz, 1997).

To accomplish this goal, students must be prepared to participate in planning for their future.



*It's never too early to start
planning for a successful future.*

Contact: Your special education casemanager.

OR

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A guide to prepare for
life after high school.



**Hiawatha Valley
Education District**

Transition Services

www.hved.org

Transition from High School to Adult Life for Students Receiving Special Education Services



Transition Planning can help create a vision for the future. Students, families, school staff and community agencies work as a team to create a plan to make the student's dreams a reality.

A Transition Plan begins during grade 9 and includes:

1. An assessment of the student's strengths, needs, preferences and interests
2. Identifying Post School Goals
3. Creating a plan for the student to reach those goals.

Each year the student's IEP team revisits the plan and makes changes as necessary.

Transition Plans

The IEP team will determine a plan of action to prepare students for their future.

A transition IEP may include the any or all following:

- school courses to take
- specialized instruction
- guidance counseling services
- extracurricular activities
- community experiences
- employment experiences and vocational evaluations
- independent living skills
- community agencies to link with for additional assistance

—all to help you achieve your future goals!

The Family's Role

- Talk to your child about the future
- Share information with your child's special education casemanager
- Encourage INDEPENDENCE!
- Encourage your child to develop skills for employment
- Foster self-determination by promoting choice and decision- making skills
- Be involved in transition planning and IEP process

The Student's Role

- Know your interests, strengths and needs
- Understand your disability and how it affects school/work
- Participate in your IEP meeting
- Set goals
- Develop and use appropriate social skills
- Learn to manage your time
- Be a problem-solver
- Learn about your rights & responsibilities